

*You are invited to attend a*  
***Mental Health First Aid Training (MHFA)***  
*A CHNA-7 and HESSCO collaboration*

***Mental Health First Aid is an 8-hour course that teaches how to help someone who is developing a mental health problem or experiencing a mental health crisis. The training helps an individual to learn to identify, understand, and respond to signs of mental illness and substance use disorders.***

*This training is valued at \$179.00 per person and is being offered free of charge.*

***Date:*** Friday, April 21, 2017  
***Location:*** Village Green Apartments - Clubhouse  
71 Messenger Street, Plainville  
***Time:*** 8:15 am registration, check-in  
8:30 am – 4:30 pm training (lunch provided)

***RSVP required by Friday, April 14, 2017***

This course will focus on mental health first aid for adults and elders and is appropriate for...

- Health and human service workers, social workers
- Caring citizens
- Members of faith communities
- Nurses, Care Providers
- Persons with mental illness and their families
- Policymakers
- Police, first responders, corrections, and security

To RSVP or get more information please call  
Sheryl Leary 781-784-4944 ext. 241 or [SLeary@HESSCO.org](mailto:SLeary@HESSCO.org)

This program is funded by CHNA-7 and coordinated by HESSCO



[www.chna7metrowest.org](http://www.chna7metrowest.org)



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