



**HESSCO**  
Care. Support. Solutions.

*Celebrating  
40 Years!*

## *Highlights and Happenings*

*Summer 2017*

Dear Friend,

Summer has finally arrived, on the calendar, and outside. On the summer solstice, the staff at HESSCO joined the Alzheimer's Association in recognizing the "Longest Day" to raise awareness and funds. The duration of "The Longest Day" symbolizes the challenging journey of those living with the disease. For each donation collected, an environmentally friendly balloon was released as a visualization of our support for those affected.



The start of the summer has been a busy one. We were fortunate to have partnered with Dr. Bill Thomas and his nationally recognized *Changing Aging* Tour for their stop in Foxboro on June 15th. LGBT PRIDE month was celebrated with a pizza party and viewing of Gen Silent at the monthly Lakeside Cafe at the Sharon Adult Center. Summer BBQ's have already begun at many of the Councils on Aging. HESSCO will once again be participating in the Massachusetts Farmers' Market Nutrition Program for Elders which is a great way to provide seniors with fresh, local produce throughout the summer. The program provides low-income elders with coupons to purchase fresh fruit and vegetables at local farmers' markets. HESSCO collaborates with local Councils on Aging for the distribution of coupons. Another great benefit of the Farmers' Market Program is fresh fruits and vegetables will be provided to eligible HESSCO consumers.

Over the summer we will continue planning our annual fall conference, Age Well with HESSCO Day, scheduled for Thursday, September 28, 2017. We hope you will join us for another relaxing, fun and informative day at Lake Pearl Luciano's.

Happy 4th of July and we hope you have an enjoyable, relaxing summer!



- Beautiful Location
- Continental Breakfast & Lunch Included
- Door Prizes & Giveaways
- Rest & Relaxation Room with Pampering Treatments
- Wellness Room with Health Screenings
- Information and Resources
- Educational Speakers
- Explore Innovative Ideas
- Tools and Techniques for Caregivers
- Sponsorships Available

## Age Well with HESSCO

### Annual Fall Conference (Formerly Caregiver Day of R&R)

THURSDAY, September 28, 2017

Lake Pearl Luciano's, Wrentham, MA

[CLICK HERE FOR MORE INFO](#)

## End Elder Abuse Change to Reporting Procedure

World Elder Abuse Awareness Day was recognized on June 15th. Every year an estimated 5 million older Americans are victims of elder abuse, neglect, or exploitation. And that's only part of the picture: Experts believe that for every case of elder abuse or neglect reported, as many as 23 cases go unreported.



REPORT ELDER ABUSE  
**1-800-922-2275**  
Operating 7 days a week 24 hours a day.

HESSCO is the local agency designated by the Massachusetts Executive Office of Elder Affairs to screen reports, investigate and work with persons over 60 who may be the victim of physical abuse, emotional abuse, sexual abuse, neglect, self-neglect or financial exploitation.

Beginning July 1st, 2017 the Executive Office of Elder Affairs will centralize the Elder Protective Services abuse reporting system (elder abuse hotline) to a single phone number. Reports of suspected abuse can be filed by calling (800) 922-2275 seven days a week 24 hours a day. While the initial report intake will be centralized, all reports will continue to be referred to and handled by local Protective Services Agencies for screening, investigation, and service planning.



**CAPPING MEDICAID STRANDS SENIORS #SAVEMEDICAID**

## Medicaid Needs Saving

Senate leadership has delayed an expected vote on the Senate's health care reform proposal, the Better Care Reconciliation Act (BCRA), until after the July 4th recess. Keep up the pressure! Urgent advocacy is still needed to demand that lawmakers reject any health care reform that would increase costs, decrease coverage and weaken Medicaid long-term services and supports for older adults. For up to date advocacy alerts, see [N4A's Alert](#).

---



### Thank you Dr. Bill Thomas

Earlier this month, HESSCO had the privilege to collaborate with Dr. Bill Thomas and his team as they made their way to Foxboro on their *Changing Aging* Tour. Dr. Thomas is a highly regarded geriatrician and innovator in the field of aging who founded the Eden Alternative

and Green House; two movements that completely revolutionized approaches to care and housing for elders. The tour is a series of conversations, workshops and performances designed to challenge culturally damaging stereotypes about older people presented in a theatrical format he calls nonfiction theater. The two programs, Disrupt Dementia and Life's Most Dangerous Game, were a blend of expert storytelling, live original music, visual art, poetry and film. Dr. Thomas' message resonated within the HESSCO office and we were eager to share his message. Thank you to all of you who joined us for the program - we hope you got as much out of it as we did.

---

### Are you a Senior Looking for a Unique Opportunity to Make an Impact in the Lives of Other Area Seniors?

HESSCO is seeking to add new community members to its Advisory Council to lend expertise, advice and information to HESSCO Staff and Board of Directors members. [CLICK HERE](#) for complete volunteer job description. For more information, please call Debbie Fradkin 781-784-4944.

---



## BEAT THE HEAT:

### Extreme Heat

Heat related deaths are preventable

With summertime comes extreme temperatures. Please take a moment to review [THESE IMPORTANT REMINDERS](#) about staying safe in extreme heat and please take a moment to check in on elderly relatives and neighbors when the temperatures rise.

---

## Memorial Donations

Thank you to the families who have requested memorial donations be made to HESSCO in their loved ones' names. We appreciate your show of support of our mission by your desire to have your loved ones be remembered in this manner. Your memorial gifts will help us to ensure continued access to our programs and services for those in need.

---

HESSCO | [info@hessco.org](mailto:info@hessco.org) | 781-784-4944 | [www.hessco.org](http://www.hessco.org)

See what's happening on our social sites:

