



HESSCO

Care. Support. Solutions.

Highlights and Happenings

Winter 2018

Dear Friend,

Happy Holidays from all of us at HESSCO and thank you for all you do all year long. We are grateful for the opportunity to serve our consumers and to have your support in doing so. As we celebrate our blessings - remember that we can all make a difference and improve the lives of others. HESSCO's Annual Appeal is underway. Please consider making a gift to HESSCO this season. Your tax-deductible donation, whatever the amount, will help us continue our mission of delivering meals to those who have difficulty making their own, providing homemaking and home health aide services to those in need, advocating for residents in nursing facilities, counseling Medicare recipients on health insurance options and protecting our seniors from neglect and abuse.



[CLICK HERE](#) to make an online donation. Your support makes the difference. Best wishes for a peaceful holiday season and a healthy and happy new year!

Celebrating Another Successful Year

HESSCO's 41st Annual Meeting celebration at Four Points by Sheraton on Thursday, November 29th was the perfect way to close out our #30DaysOfGratitude. Key note speaker, Pam Garramone's presentation, "7 Ways to Feel Happier Instantly," focused on practicing gratitude. Pam's talk, followed by direct care, staff years of service and

community commitment awards made for an incredibly uplifting morning.

At the Annual Meeting, several HESSCO staff members received recognition awards for their years of service with the agency: Elaine Haddad and Laine Dodge for five years; Laurie Devine for 10 years; Meg DiMascio for 15 years; Rosemarie Doherty for 20 years; Ruth Thompson for 30 years and Patty Pomerleau for 40 years.

The following individuals were awarded for their outstanding service as a Homemaker/HHA/PC: Addora Barros and Alaina Miranda from Bayada Home Health Care; Alexandra Cardoso from Associated Home Care; Richard Hill from Anodyne Homemaking Services; April Petrillo from Greater Boston Home Health Care Services; Michelle Jaruse from Best of Care; Stefaniya Smaga from Friendly Care; Joselin Candelario from Medical Resources Home Health; Margaret LaCount from Home Instead Senior Care; and Maureen Kilroy from Arcadia Home Care.

This year, the Community Commitment Award for an Individual was given to two recipients: Officer Greg Shore, trainer for the Crisis Intervention Team at Norwood Police Department; and Sgt. William Fundoro, Elder Affairs Officer at Norwood Police Department. The Walpole School Nutrition Department received the Agency Community Commitment Award. The prestigious Jean Paul Pride In Performance Award was presented to Care Manager, Tricia Collins.

Thank you to all who joined us for the celebration, and congratulations to all the award recipients! Please [Click Here](#) to view photo gallery from the event.



Tricia Collins, recipient of the Jean Paul Pride in Performance Award



HESSCO longevity - 90 years of service combined! Ruth Thompson, Rosemarie Doherty, Patty Pomerleau

Could you be the Perfect SHINE Counselor?

Do you like to help people and have time after your retirement to volunteer? Are you able to communicate well with a diverse population and enjoy learning technical insurance information? If so you may be the perfect SHINE counselor volunteer. SHINE is one of the only resources that provides free, objective, and accurate health insurance counseling to Medicare beneficiaries. If you choose to join us, we are sure that you will find SHINE a rewarding and challenging volunteer experience.

We are happy to announce that HESSCO will host a new counselor training in our Sharon office on Fridays starting on February 15th through May 10th. Training runs from 10 am - 2 pm each Friday with April 19th off. Please email dfradkin@hessco.org for more information.



Volunteers were all smiles as they posed for a quick picture before heading out to deliver Thanksgiving Meals

Holiday Meals

A special thank you to Maria Hall, Food Service Director, at Walpole High School who once again graciously offered their facility and vendor services in order to cook Thanksgiving and Christmas dinners for a group of HESSCO consumers who were identified by staff as likely to be spending the holidays alone. Thanks to Maria and

her readiness to help out, along with a handful of exceptional volunteers, HESSCO has a means of ensuring that these consumers will not go without on these holidays. Additionally, we'd like to thank members of United Church in Norwood and the students at St. Catherine's School in Norwood for providing cards and gift bags to be delivered along with the holiday meals. Finally, we'd like to thank our supporters who made a donation during our Give65 campaign this past July which funded all of the holiday meals. Thanks to all of these efforts, 150 elders who might otherwise be alone on the holidays, will receive a hearty meal, a friendly visit and a small gift. Thank you all for your kindness.



Registration is Now Open!

The 8th Annual Mick Morgan's St. Patrick's 5K to benefit HESSCO will take place on Saturday morning, March 16, 2019. Sponsorship Opportunities will be sent out soon.

Have ideas on how to make this year's race the best one yet? We are looking for creative individuals who would like to join the race committee and help out with the planing. For more information, contact Debbie Fradkin at 781-784-4944 or dfradkin@hessco.org.

REGISTER NOW!

Minds Matter

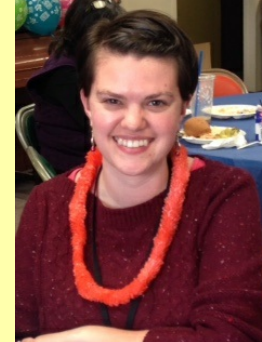
William James College Interface Referral Service is proud to announce that they have officially launched the INTERFACE Mental Health Referral Helpline in the towns of Norwood and Walpole. This is a free, confidential mental health outpatient referral service for children, adults, and families. Callers are matched with licensed mental health providers from INTERFACE's extensive database. For more information about William James College Interface Referral Service and the communities they serve, visit their [WEBSITE](#).



Employee Recognized

Congratulations to Chelsea Lanson, Supportive Services Coordinator, for being nominated by Anodyne Homemaking Services for the Home Care Aide Council's Cathe Madden ASAP Case Manager Award. This is Chelsea's second nomination for this

award in her current role. Thank you, Chelsea, for all you do!



Join Us For Lunch

Did you know that HESSCO provides a hot, nutritious noon-time meal in 10 towns that is available to everyone over the age of 60? Did you also know that HESSCO operates special group meals such as:

- Supper Clubs
- Indian Lunch Program
- Chinese Lunch Program
- LGBT Luncheons and Tea Dances
- Breakfast Clubs

Congregate meals offer a great opportunity to get out of the house, meet some friends and have a nice

meal. There is no required fee, but a confidential, anonymous \$3 donation is suggested. For more information, [visit our website](#).

Weather Related Cancellations

It happens every year. Winter. Whether we like it or not. In the event of an impending storm, HESSCO nutrition department staff will make every effort to arrange for an extra frozen meal to be sent to consumers ahead of time. Emergency, shelf stable meals have also been delivered to all home delivered meals clients in the event that meals cannot be delivered.



In several towns, our meal sites are located within the town's senior center. In these cases, if the schools are closed, so are the senior centers. In the towns where the meal sites are located outside of the town's senior center, the HESSCO Nutrition Program Director, with the assistance of the public works department, will make the decision as to whether or not road conditions are safe enough for volunteers to deliver meals.

Volunteers and consumers will be notified of cancellations; however, the information can also be found on our [website](#).

HESSCO | info@hessco.org | 781-784-4944 | www.hessco.org

See what's happening on our social sites:

