

# HESSCO

Care. Support. Solutions.



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## HESSCO NEWS

December 2022

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### Holiday Meal Delivery

HESSCO has arranged for more than 600 holiday meals to be delivered this season to older adults unable to enjoy the holidays with friends or family. Since the meals are offered outside of HESSCO's normal food delivery program, we count on Holiday Meal Program sponsors and employee donations to fund the special holiday meals. Volunteer delivery drivers, many from Temple Israel Brotherhood, also help make the program possible.

***Thank you to the following sponsors:***

Dedham Savings Bank

Roche Brothers Market

The Linden at Dedham

TRIO Community Meals

Washington Trust Charitable Foundation

Sharon and Crescent United Credit Union

Middlesex Savings Charitable Foundation





If you would like to sponsor our holiday meal program, there is still time. Please contact [Lisa Boockoff](#).

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## Feedback Requested: Boston Region Transportation Plan

What needs to be improved about our transportation system? Share your vision to shape the Boston region's next Long-Range Transportation Plan: Destination 2050! The plan will set the vision, goals, and strategies that guide the Boston Region MPO's decision-making on investments in transportation infrastructure and services. Take the survey [here](#).



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## Gift Certificates for Annual 5K





Looking for the perfect holiday presents for the runners or walkers in your life? Get them gift certificates so they can register for HESSCO's 12th Annual Mick Morgan's 5K on March 11, 2023. The cost is \$30 and all proceeds benefit HESSCO! Purchase the gift certificates [here](#).

## GIVE BACK THIS MONTH

When you buy a \$10.99 bouquet in a sleeve marked "Bloomin' 4 Good" at the Walpole Stop & Shop in December, HESSCO will get a \$1 donation!

Learn more at  
[stopandshop.2givelocal.com](http://stopandshop.2givelocal.com)



BLOOMIN' 4 GOOD



SUBARU  
**share  
the love**  
EVENT

**Meals on Wheels**  
MEALS ON WHEELS

# CELEBRATING 15 YEARS!

As part of a national partnership with Meals on Wheels America, Subaru of America, Inc. will donate \$250 to the purchaser's choice of participating charities – one of which is Meals on Wheels – for every new vehicle purchased or leased from Nov. 17, 2022, through Jan. 3, 2023. Since the Subaru Share the Love Event began in 2008, Subaru and its participating retailers have donated nearly 4 million meals and friendly visits to older adults being served by local Meals on Wheels programs across the country. For more information, visit [www.MealsonWheelsAmerica.org/ShareTheLove](http://www.MealsonWheelsAmerica.org/ShareTheLove).

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## Free Training to Become a Home Care Aide



You can become a home care aide for free through the online Personal and Home Care Aide State Training, provided by the Commonwealth of Massachusetts. Learn more [here](#).

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HESSCO has several employment opportunities available. Please visit our [website](#) if you would like to join our team.

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#### Our Contact Information

\*{{Organization Name}}\*

\*{{Organization Address}}\*

\*{{Organization Phone}}\*

\*{{Organization Website}}\*

\*{{Unsubscribe}}\*

