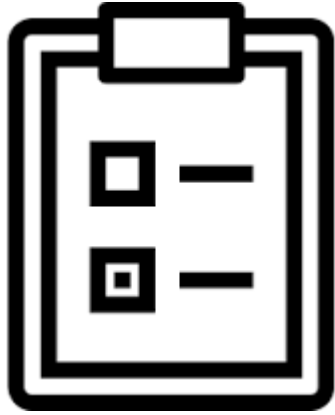


Home Delivered Meals Impact Statement

2022 Results from Satisfaction Survey



Survey Details:

The survey is standardized and used by all meal Area Agency on Aging programs across the state.

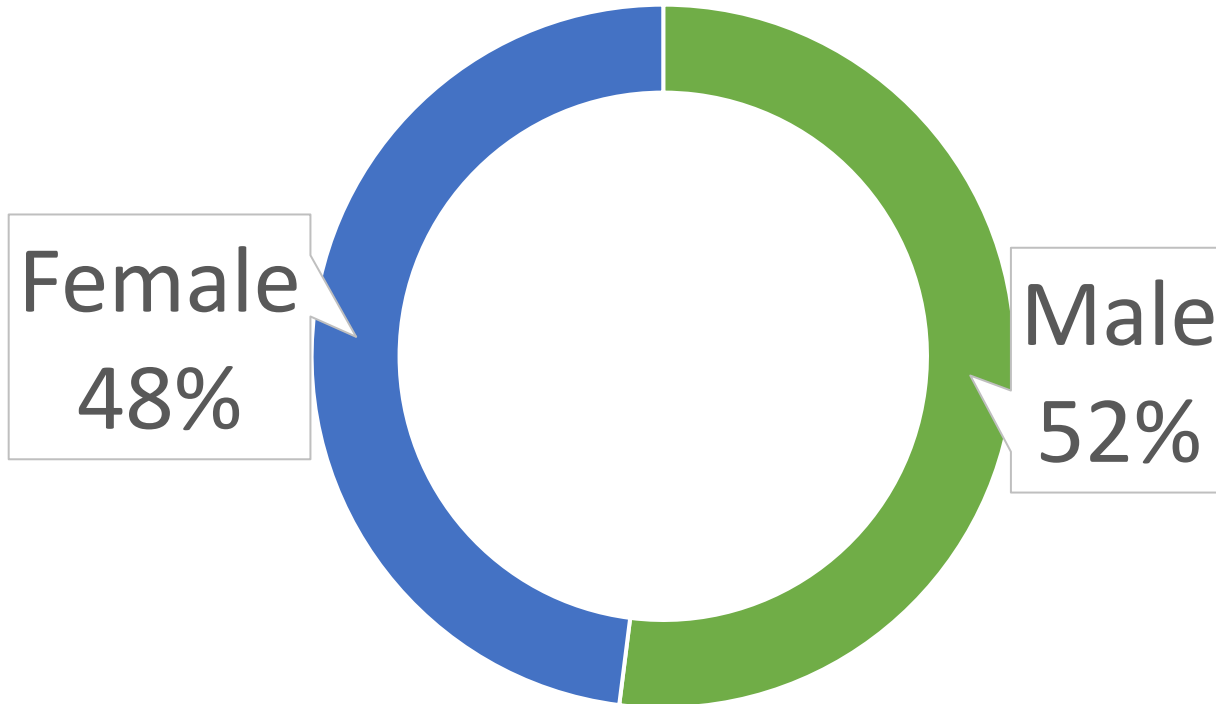
526 Surveys were sent out to HESSCO Home Delivered Meals consumers in 2022.

174 were returned for 33% response rate

Demographics of Who Answered the HESSCO Meals on Wheels Survey

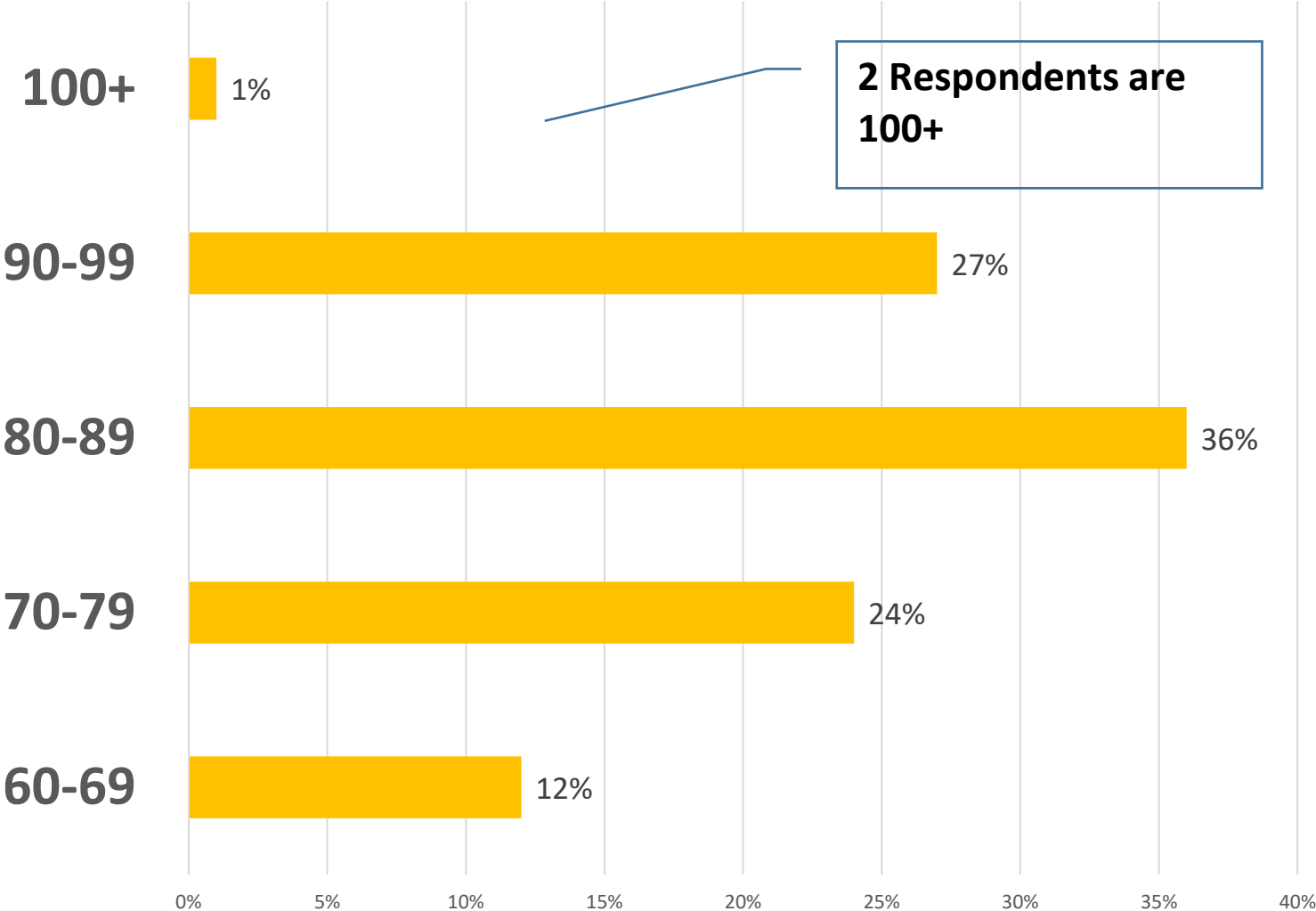


Gender

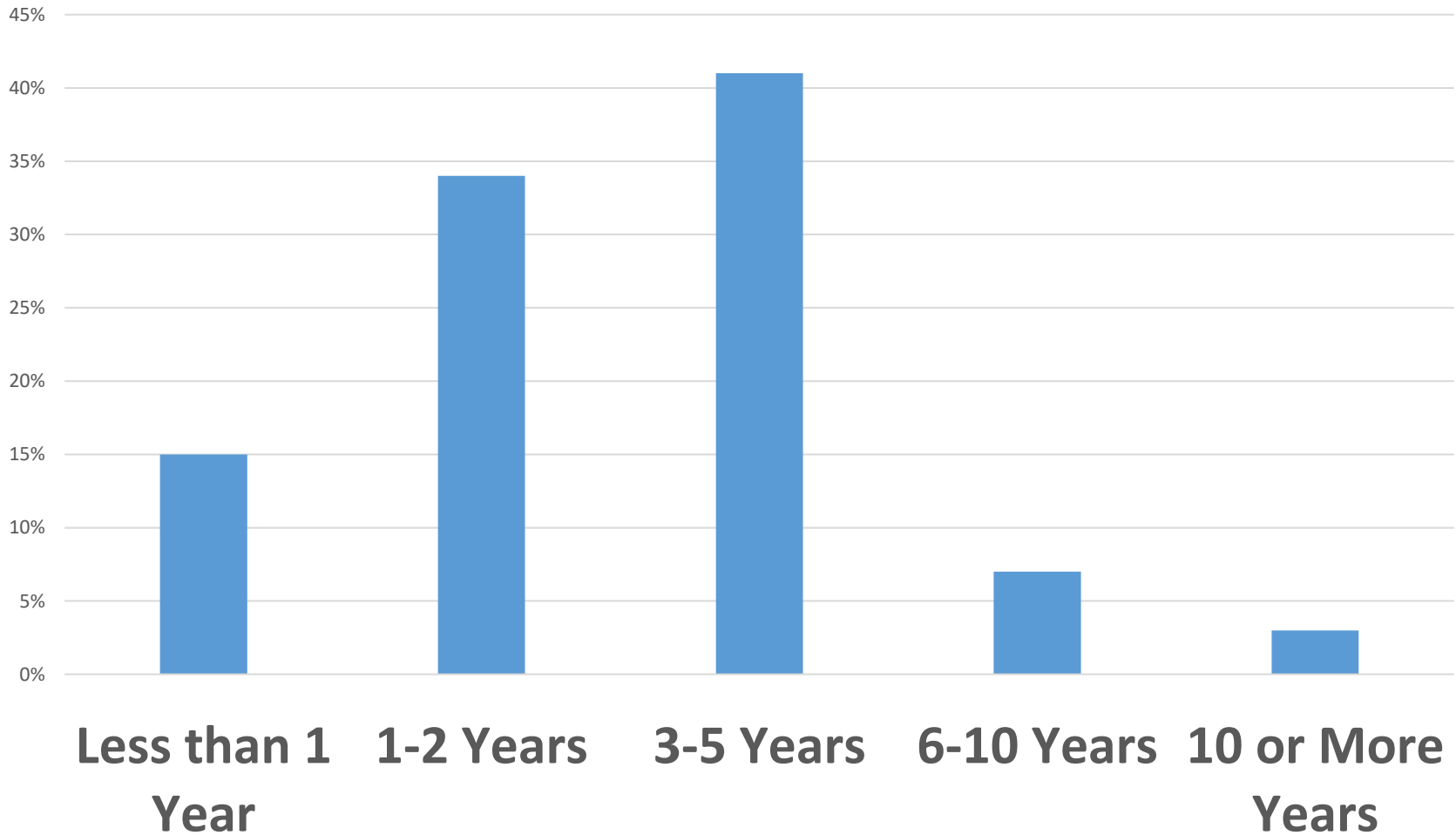


■ Male ■ Female

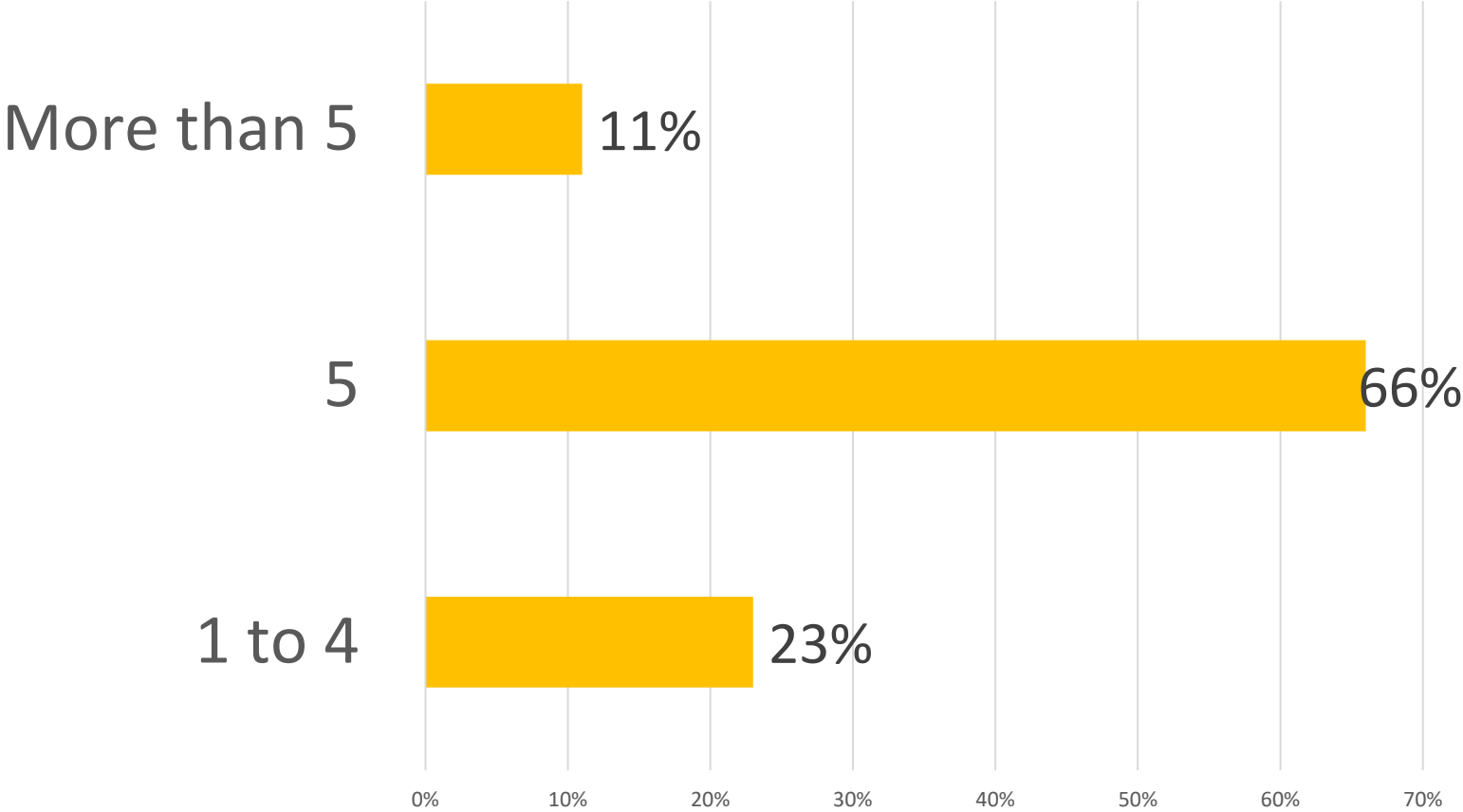
Age Range



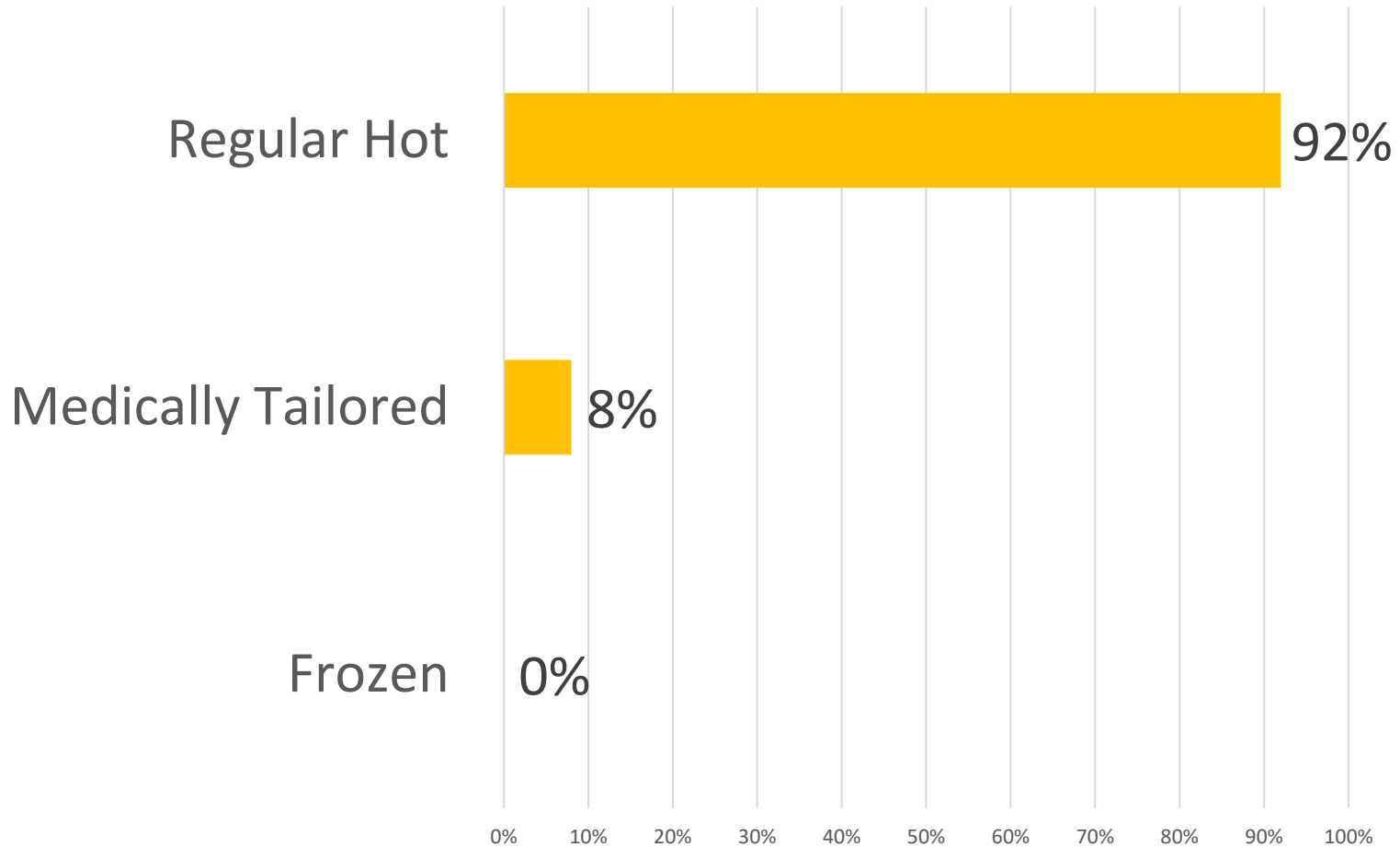
How Long Have You Received Meals?



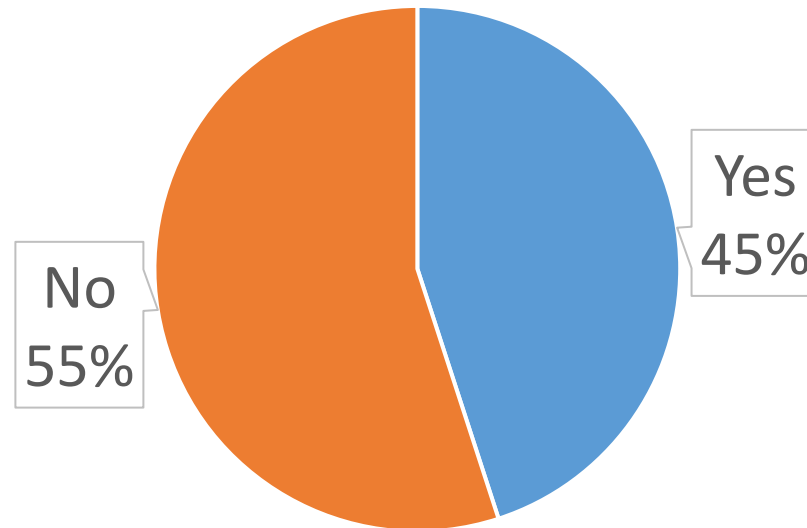
How Many Meals Do You Receive Weekly?



What Type of Meals Do You Receive?

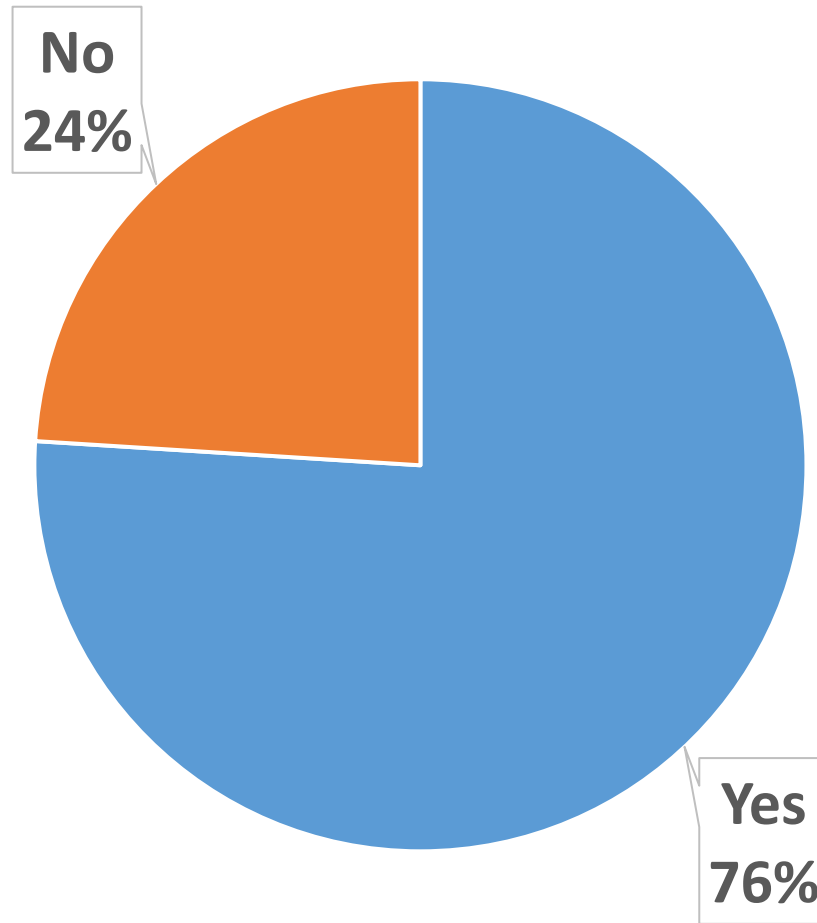


Do You Live Alone With No One To Check on You Other Than the Meals Driver?



■ Yes ■ No

Is the Home Delivered Meal Your Main Meal of the Day?

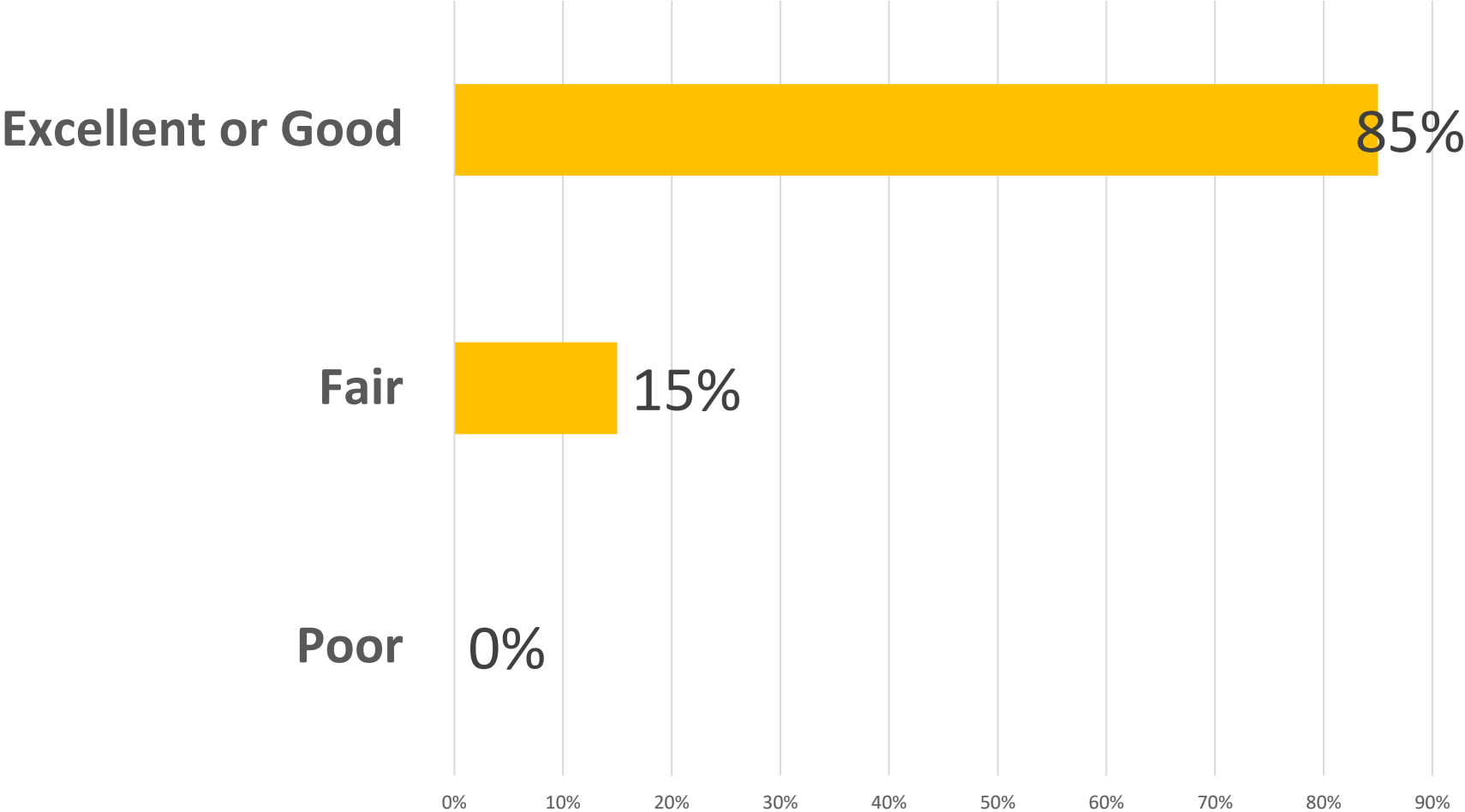


■ Yes ■ No

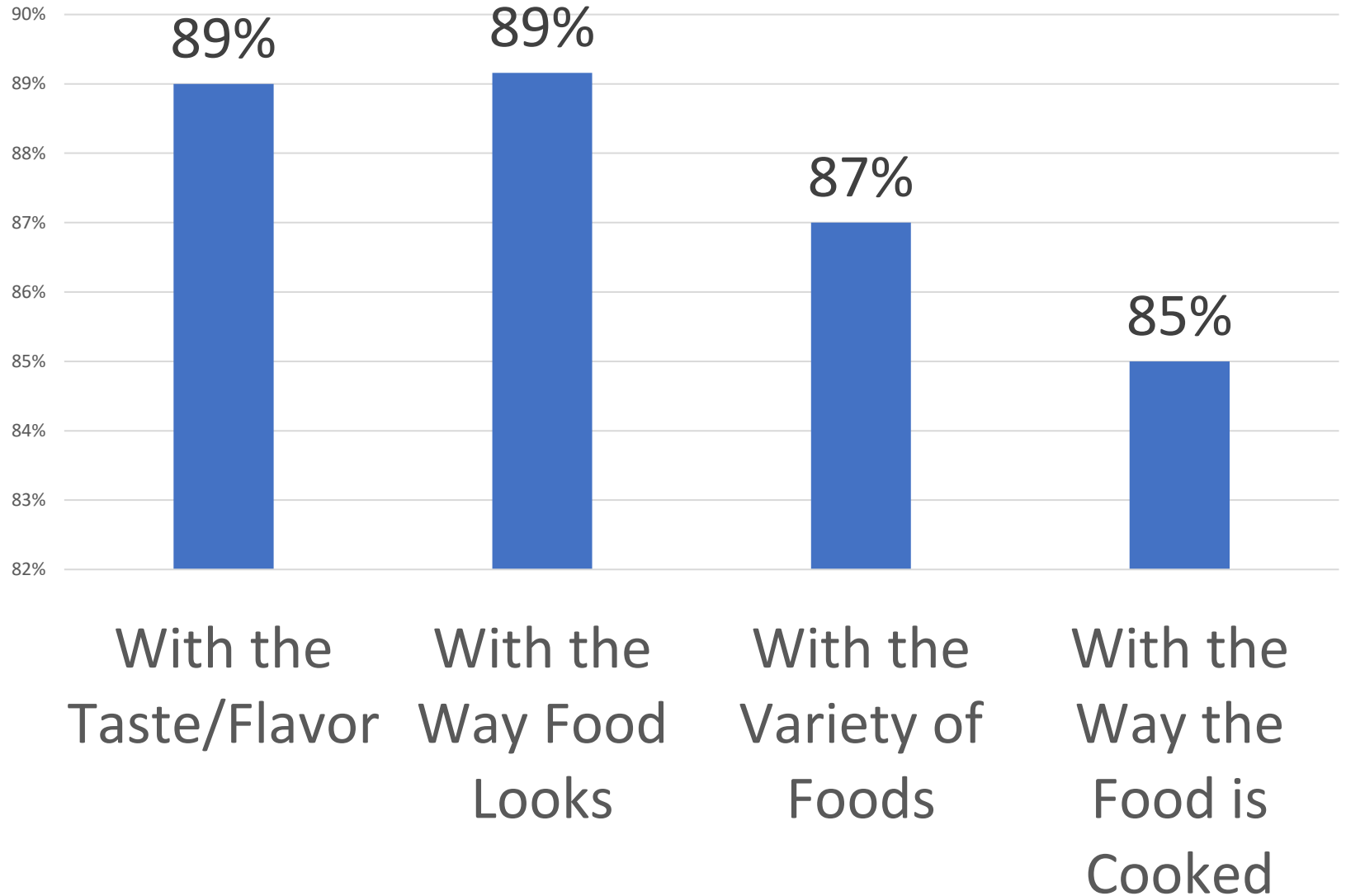
Quality of the Meal



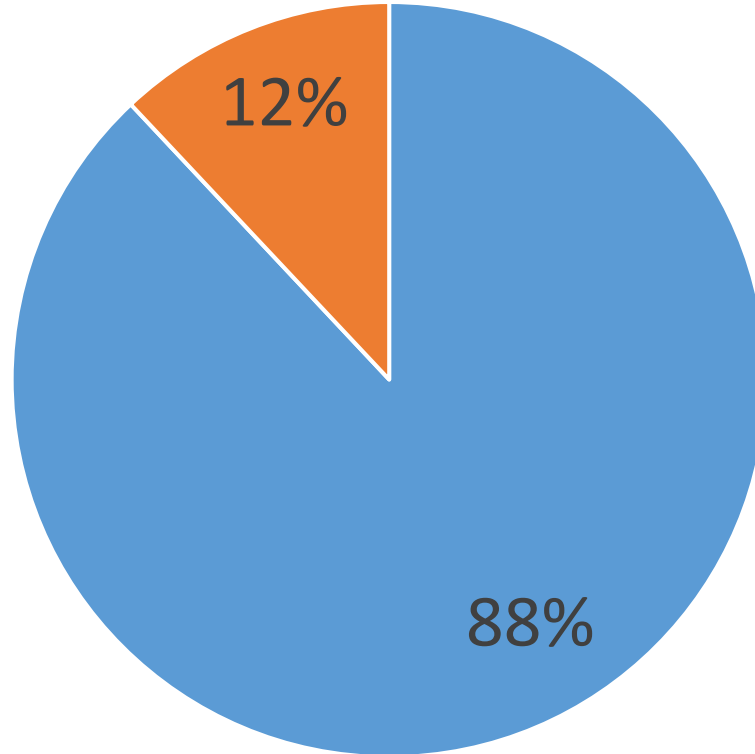
Rating of the Overall Meal Quality



Percent of Respondents who Answered Usually or Always for Satisfaction



Do You Find the Nutrition Information on the Label Helpful (e.g. amount of sodium)?



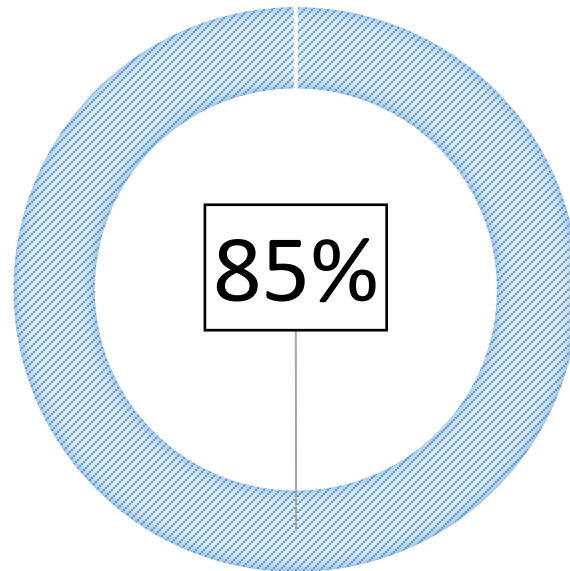
■ Yes ■ No



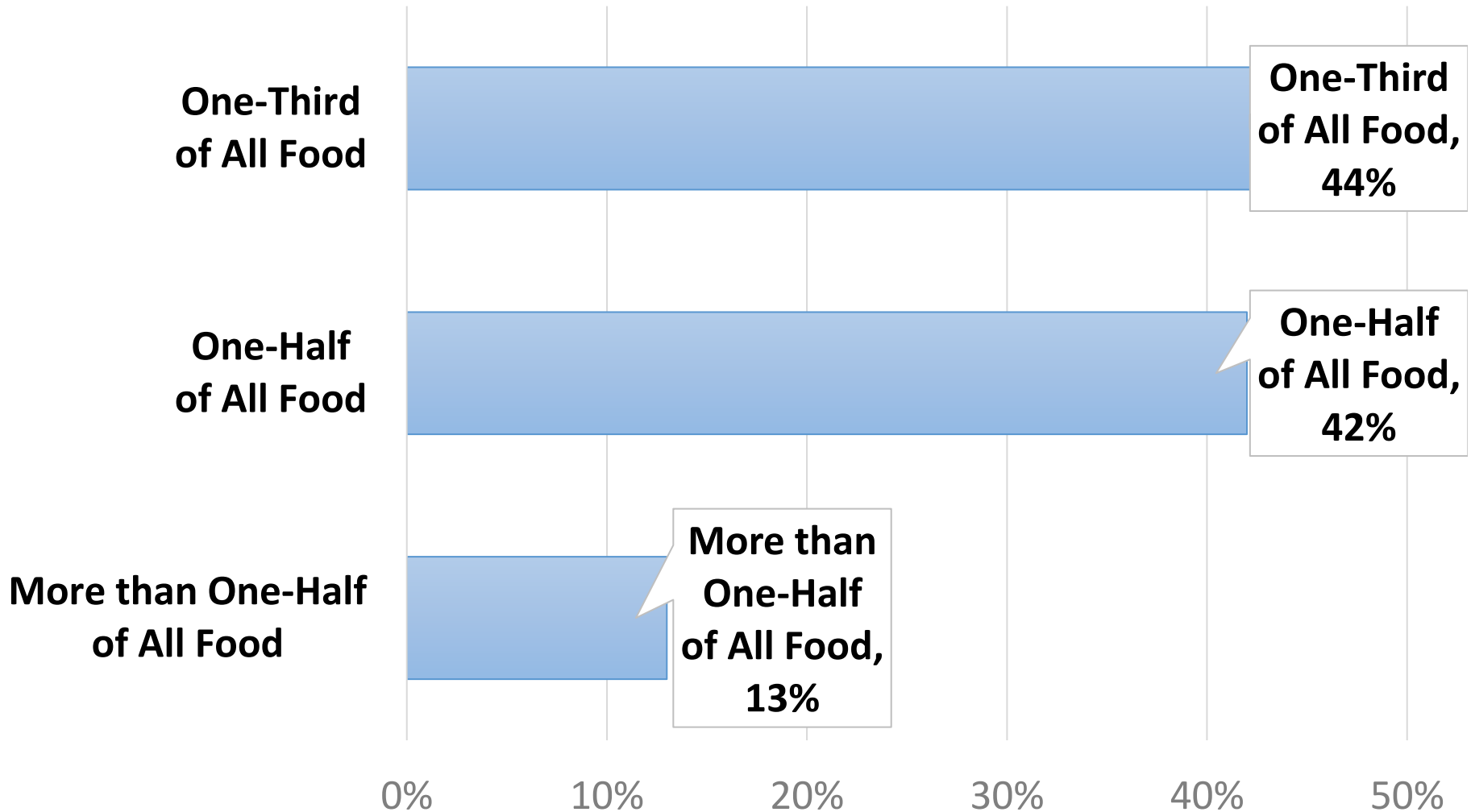
Impact of the Home Delivered Meals Program

FEEL LESS LONELY BECAUSE THEY HAVE A HOME DELIVERED MEAL DRIVER

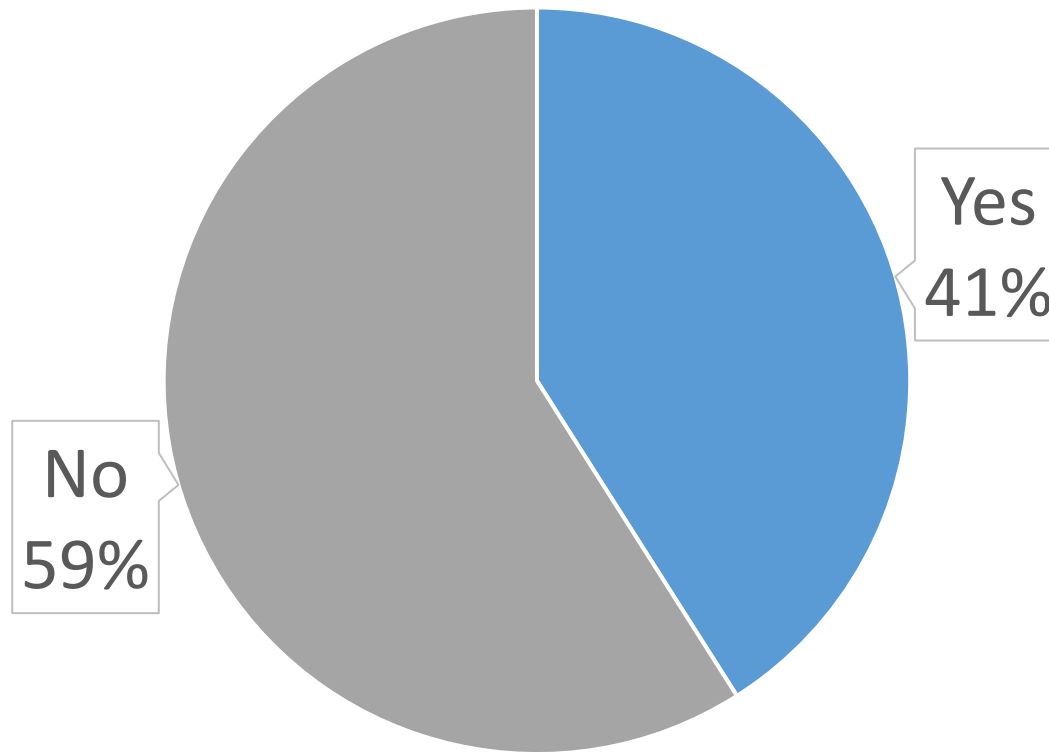
- Home Delivered Meals Participants who Agree or Somewhat Agree



How much does the HESSCO home delivered meal contribute to all the food you eat in a day?

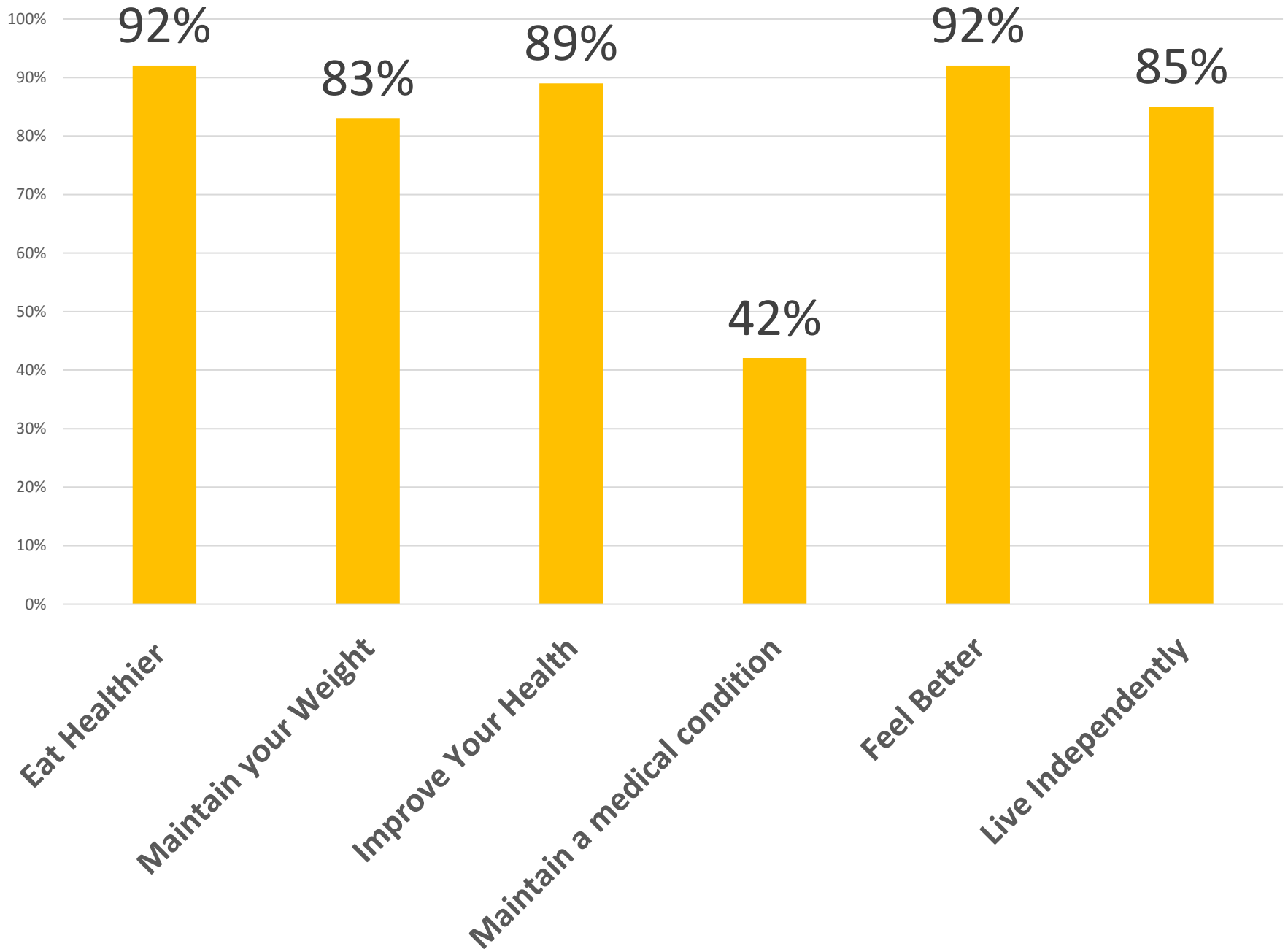


If Not for the Meal Would There Be A Shortage of Food in the House



■ Yes ■ No

Survey Question: Do the meals help you to:



Medical Condition Meals Help

Control Blood Pressure

52%

Control Blood Sugar (e.g. A1C)

39%

Control Other Lab Work

0%

0%

10%

20%


30%

40%

50%

60%

Some of the Survey Respondent Comments:

- We would have a problem without the meals and food pantry since most of the income goes to rent and medications
 - The meals all prepared and that is helpful for me because I would not be able to stand very long to make meals... since I had my stroke I have had the help of my family to do a lot of things that I did for my myself.
 - This is very helpful. I'm very thankful for the program
 - Satisfied hunger
- 

Some of the Survey Respondent Comments:

- It makes sure I have 3 meals a day for that I thank you
 - The meals help me maintain good nutrition and health.
 - I count on these meals as my good meal a day.
 - Puree meals have been helpful as I have a problem swallowing
 - Good food, hot and tasty, Keeps me from being hungry
- 