











HESSCO NEWS

April 2023



Area Memory Cafés

We are fortunate that the HESSCO service region offers several memory cafés.

What is a Memory Café?

A memory café is a welcoming place for individuals living with memory changes, as well as their families and friends.

Memory cafés meet at a variety of places including libraries and



councils on aging. The monthly programs for memory cafés vary but they are all designed to provide support to others facing similar situations.

Consult the Jewish Family and Children's Services website to find details and locations of memory cafés in Massachusetts.

Volunteer Recognition Dinner





HESSCO! Meals on Wheels delivery, SHINE services and other programs rely on volunteers to operate. At a May 22 dinner, HESSCO will recognize the volunteers who serve thousands of older adults in our area. If you are a HESSCO volunteer, please make sure you RSVP to the dinner no later than May 12. We look forward to seeing you!

Volunteers are essential to our work at



Thank You Volunteers!

In fiscal year 2022, HESSCO volunteers:

- Delivered 199,905 home delivered meals
- Helped 4,813 SHINE consumers
- Worked as office volunteers, Board, Advisory Council, and committee members

"What is normal at any given time? We change just as the seasons change, and each spring brings new growth. So nothing is ever quite the same."

- Sherwood Smith

Bloomin' 4 Good

Spread some sunshine!
Purchase a Bloomin 4' Good
bouquet through the end of
April from the Norwood and
Foxboro Stop and Shop stores
and you'll automatically make a
\$1 donation to HESSCO!

- Stop & Shop, 1415
 Providence Highway in Norwood
- Stop & Shop, 141 Main Street in Foxboro



Transportation Work Group

HESSCO, with its community partner <u>Transaction Associates</u>, is re-organizing the Neponset Regional Coordinating Council to work on improving transportation options for older adults in South Norfolk County. Community members are welcome to attend the next meeting to discuss the topic and help find solutions to address the lack of available transportation. Please email <u>Sheryl Leary</u> if you are interested in attending.

Join Our Team



HESSCO has several employment opportunities available. Please visit our website if you would like to join our team.









Our Contact Information

- *{{Organization Name}}*
- *{{Organization Address}}*
- *{{Organization Phone}}*
- *{{Organization Website}}*

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