



Join the Fun at the 15th Annual HESSCO 5K! At Mick Morgan's



Are you ready to lace up your sneakers for a great cause?

The 15th Annual HESSCO 5K at Mick Morgan's is just around the corner, and it promises to be a fun, family-friendly event you won't want to miss!

Event Details:

- **Date:** Saturday, March 14, 2026
- **Time:** The race kicks off at 9:00 a.m.
- **Location:** Mick Morgan's Irish Pub in Sharon, MA
- **Distance:** 3.4 miles
- **Theme:** Celebrate with a festive St. Patrick's Day vibe!

Why Participate? All proceeds from the race go directly to support essential HESSCO programs. Your participation helps provide Meals on Wheels, nutrition services, and in-home supports for older adults across 12 communities. It's a wonderful opportunity to give back while enjoying a spirited morning run.

Scan the QR Code for more information and sign up! Kicking off St. Patrick's Day with a meaningful run that supports a great cause. We hope to see you there!

